



# CHARBONS

## Everyday

Porridge

Serves: 1 Person



### Recipe ingredients

- 1x box of porridge oats
- Milk
- Water
- One portion per person, to message out the portions use the measurement:
- 1 x ramekin = 1x portion

### Method

1. Add the desired amount of oats to a saucepan, the oats will expand as they cook so make sure your pan is big enough. Cover the oats with cold water and place the pan onto a medium heat. Stirring with a whisk constantly for 2-3 minutes until the oats begin to cook.
2. “If you have any vegan or lactose free guests it is at this point that you should separate portions into a different saucepan to continue cooking but with soya milk as the milk substitute”.
3. For both the normal porridge and vegan porridge slowly start to add cow’s milk to the normal or soya to the vegan stirring constantly to let the oats cook out, adding and stirring until you get the consistency you are looking for and the oats are fully cooked.