

MONDAY – CANAPE

Pea & Mint Shots with Crispy Bacon

Serves: 10 persons



CHEF'S TIPS

- Blend whilst hot for smooth consistency.
- Cook a few extra pieces of bacon so you can select the best.

Recipe Ingredients

200g	Frozen peas
100g	Frozen onions
1 tsp	Frozen garlic
4.1	

1tbsp Vegetable stock Not suitable for GF(see page 3)

½ bunch Mint leaves, chopped

Cream and water to cover the peas Not suitable for VG/LF



2 slices Streaky bacon

Not suitable for V/VG

Morning Preparation

10.45am

- 265. Place all the ingredients except the mint and bacon into a small saucepan and cover with cling film. If you have a vegan/lactose free guest, remove a portion before adding the cream
- 266. Leave on the side ready to be cooked in the evening.

Evening Preparation

6:55pm

- 267. Bring the canapé ingredients to the boil on a high heat and simmer for 2 minutes, but no longer, so that the peas retain their natural colour.
- 268. Meanwhile, cut the raw bacon into 2 strips length ways, then cut each strip into 3. This will leave 6 fingers of bacon per slice.
- 269. Place the bacon pieces on the baking tray lined with greaseproof paper and bake on the middle shelf at 150°C for approx. 10 minutes.
- 270. Prepare the lettuce for the starter.
- 271. Take the saucepan off the heat and, using a hand blender, blitz the mixture until it has a smooth consistency.
- 272. Add the chopped mint and blitz again until smooth.
- 273. Season to taste and return to a very low heat to keep warm until service.
- 274. Take the green beans off the heat, drain and put in bowl to warm later in microwave
- 275. Put hot water on for the pasta, with small amount of oil in the water
- 276. Remove bacon from the oven and leave on the side to cool.
- 277. Put the peppers in the oven.

To Serve

7:15pm

- 278. Transfer the soup into a pouring jug and neatly pour into shot glasses. Garnish with the bacon (the bacon can be served cool, the soup will heat it through).
- 279. Serve to the table neatly displayed on the slates with teaspoons on the side.